



For additional information, contact Communications at [quickstartcentral@comcast.net](mailto:quickstartcentral@comcast.net) or visit [www.quickstartcentral.org](http://www.quickstartcentral.org)

\*\*\* FOR IMMEDIATE RELEASE \*\*\*

## 4 Star Camps Jumps on the QuickStart Bus

**Charlottesville, Virginia (5/10/2011)** – QCV is pleased that 4 Star Camps, a fixture in Charlottesville-Albemarle community for 36 years offering overnight athletic and academic camps at UVa, is expanding its tennis programming to include a QuickStart Tennis Day Camp. 4 Star, which joins numerous central Virginia schools, parks & recreation departments and clubs that have adopted QuickStart tennis programming, plans to offer six one-week QuickStart Day Camp sessions beginning June 27. Chris “Cubby” Cabbage, a USPTA professional and Director of Athletics for 4 Star, will lead the sessions at the Saint Anne’s-Belfield courts on the Lower School grounds.

Lynda Harrill, QCV QuickStart Coordinator, says, “This is another wonderful opportunity for kids in our community to learn play tennis using the FUN QuickStart format. Chris Cabbage is an extraordinary tennis professional on-court with young kids – he totally mesmerizes them! Having an established overnight camp AND a day-camp component, which is more appropriate for younger kids, plus an upbeat kid-friendly instructor like Cubby will make a huge positive difference to kids in our community.”



**Cubby at 2011 QuickStart Day captures full attention of five-year-olds**

To kick off the new Day Camp, 4 Star is hosting a “**Hit the Courts**” Tennis Day at Pen Park on Saturday, May 21, 2-5 p.m. For more information, visit:

[www.tennispathway.com](http://www.tennispathway.com).

Through its ***Jump Start QuickStart Tennis Initiative***, QCV works with schools, parks & recreation departments, private clubs, camps and other youth-centric organizations in 21 counties in central Virginia to grow tennis using the QuickStart Tennis format.

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QuickStart Tennis of Central Virginia is an all-volunteer, grassroots Community Tennis Association established in 2009 as a 501(c)(3) charitable organization to promote, develop and grow QuickStart Tennis in 21 counties and one independent city in Central Virginia for all beginners, especially underserved youth.

QCV's Service Area includes Albemarle, Amelia, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Fluvanna, Greene, Greensville, Louisa, Lunenburg, Madison, Mecklenburg, Nelson, Nottoway, Orange, Prince Edward, Powhatan and Rappahannock counties and the City of Charlottesville.

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*A racquet in every hand! A smile on every face!*



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