



Newsletter

June 2009

Greetings from 4 Star Camps.



If you are still looking for a fantastic summer opportunity for your children, please give us a call as we do have select spots still available. We will work with you to find a program that best fits your child(ren)'s needs.

In This Issue

[SAT Prep Reminder and Tips](#)

[Fantastic Weekend Trips](#)

[News You Can Use](#)

[Congratulations UVa's Tennis and Golf Teams](#)

[Trivia Contest](#)

SAT Prep Reminder and Tips

- SAT Prep Camp students reminder.** You will be taking a SAT pre-test prior to your arrival at camp. The exam will be mailed to your address on file. The exam needs to be returned in the enclosed envelope. This pre-test allows us to have your results along with your strengths and weaknesses by the time you arrive at camp. If you are unable to take the pre-test we will schedule a make-up exam immediately following dinner on your first Sunday of camp. If you have any questions, please contact [Lisa Popple](mailto:Lisa.Popple@4StarCamps.com) at Lisa.Popple@4StarCamps.com.
- Taking the SAT test this fall?** Test dates and registration information is available from the [College Board website](#).
- SAT vocabulary study tips.**
 - To increase your vocabulary make up flashcards with different words and definitions to tape to your mirror. Leave it up for a few days so you'll have plenty of chances to review the word and then replace with a new flashcard word.
 - Another great way to help with vocabulary words is to review the Reader's Digest Magazine Word Power in each month's issue. If you don't get the magazine you can subscribe to their Word Power widget on the internet at <http://www.rd.com/widgets/?trkid=MAG>.

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Fantastic Weekend Trips

Our weekend "get away from camp" excursions provide lots of great fun and adventure as well as some sightseeing.



- Trips to Kings Dominion and Busch Gardens amusement parks feature a fantastic collection of roller coasters and shows. There's something for everyone at these two parks.
- Water Country USA in Williamsburg, VA, is known for it's many different water rides and slides. This trip is a perennial favorite for many of our staff and campers.
- Our white water rafting trip this year takes you on a 2 - 3 hour adventure down the Falls of the James River in Richmond's James River Park System. It is the only white water rapids running through a major U.S. city!
- Ahhh - Virginia Beach. We'll sit back on the beach taking in the ocean view, have a few dips in the Atlantic to cool off, and enjoy the activities along the boardwalk.
- Washington, DC, the nation's capital. Absorb the history and see the sights all by guided tourmobile bus. We'll depart the bus to visit the monuments and museums.
- Get a head start on your college visits with our College Tours of Duke University in Durham, NC, and the University of North Carolina in Chapel Hill. Check out the campuses, get information on admissions and of course, pick up some college gear.



News You Can Use

STUDY SKILLS TIPS

- Manage your time wisely.
- Plan your study period by the material you need to cover and not by length of time available. Watching the clock will only take time away from you.
- Know and actively use your reading skills. Highlight the major points instead of underlining.
- If random thoughts are distracting you - write them down so you can come back to them later and return your focus to the study topic at hand.



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Congratulations to UVa's Tennis and Golf Teams

Tennis - UVa's women's and men's teams continue to make a strong showing at the NCAA tournaments. The women's team, coached by 4 Star Tennis Camp director Mark Guilbeau, advanced to the 2nd round of the NCAA tournament where they fell to the #3 ranked Duke Blue Devils. The men's squad lost in the quarterfinals after going undefeated (32-0) leading up to that match though they did win the doubles title. A tremendous accomplishment.

Golf - UVa's women's golf program continues to improve each year. In just 6 years as a varsity sport, the women's team advanced to the NCAA tournament and placed a record 8th place out of the 24 team field. The women's team finished the season with a final Golfstat national ranking of 4. The highest final ranking in the program's short history. Meanwhile, the men's golf team competed hard in the NCAA tournament but ended it's run tied for 27th with Wake Forest. Many of our golf participants have worked with players from the UVa teams while at camp.

Trivia Contest

Last month's question was:

Q: The odometer of a new car isn't working correctly and registers only 2 miles for every 3 driven. If the odometer shows 48 miles, how many miles has the car actually been driven?
A: 72

This month's math question:

A person bought 12 cards for 30 cents. If the next day the price of the cards was 5 cents each, how much did the person save per card by buying at the earlier price?

Check out next month's Newsletter for the answer.

email: info@4starcamps.com
phone: 800.334.7827 / 703.866.4900
web: <http://www.4starcamps.com>
4 Star Camps is a woman owned & family run business.

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